



# RKC NEWSLETTER

Spring 2019

## From the Director's Desk

Once again, it seems impossible that we are nearing the end of another year at the Roberta Kuhn Center. At this point, planning for next year is well underway. When classes begin in September, there will be changes on campus in the form of ongoing construction and changes to parking for all of us on campus. In addition, there will be changes to how RKC participants enter the building. Know that these details will be worked out over the summer as campus leadership assesses the situation once construction has begun. In the late summer, we will invite all those registered for 2019-20 classes to come to campus and see where participants will park and how to enter the building. A letter from leadership with the basic details of the partnership between the BVM Sisters and Presbyterian Homes & Services is posted on the bulletin board in the RKC Hallway. We at the Roberta Kuhn Center are thrilled to continue to offer our program which is an essential part of BVM life and mission!

---Karen

### Important Upcoming Dates...

#### **RKC Connects with the Community speaker in St. Joseph Hall**

Sam Mulgrew on the Voices Mural Project  
in downtown Dubuque  
Monday, April 8 9:30-10:30am

#### **Friday Fun in St. Joseph Hall**

Hand & Foot card game, no experience  
necessary, feel free to bring a friend  
Friday, April 5 and Friday, April 26 1-3pm

**Spring Break** April 15-19

#### **RKC Classroom Classes Last Week of Class**

April 29-May 3

#### **RKC Open House in St. Joseph Hall**

Wed. May 1 set-up 12-4pm  
Thurs. May 2 1-3pm for sisters & staff  
Fri. May 3 1-3pm for friends & family

#### **Bread for the World Presentation**

St. Joseph Hall Friday, June 21 2pm

## RKC Community Continues to Benefit from Talks by Community Members

We continued to learn new things about our community and consider new insights into our own lives through our monthly talks by members of our Dubuque Community.

On a snowy morning in February, Georgeann Quinlan, BVM presented a talk on the presence of angels in our lives. The presentation was filled with opportunities for participants to share their own experiences of encounters with the spirits and angels of their loved ones and the comfort received. The weather prevented some interested people from attending, so stay tuned to the bulletin board and notices in the yoga and pool areas for an additional date for this talk in April.

In March, Laura Nissen from Luther Manor Communities presented on the process of caregiving allowing for the self-care of the caregiver which is necessary to successfully meet the needs of those in our care. A caregiving continuum model was presented to illustrate the journey. If you wish to contact Laura about her presentation, her contact information is by phone 563-690-7163 or by email [laura.nissen@luthermanor.com](mailto:laura.nissen@luthermanor.com)

On April 8<sup>th</sup> at 9:30am in St. Joseph Hall, Sam Mulgrew, President of Humanities Iowa, will present on The Voices Mural Project which is present in downtown Dubuque. Come to this informative talk to learn about the who, what when, where and why of the mural initiative. Feel free to bring a friend or two who might enjoy this talk as well.

## Recycling Efforts Continue

Thank you to the RKC Community for your overwhelming contributions to our recycling efforts to keep oral care and beauty product containers out of landfills and to help aid the BVM Hunger Fund. To date, over \$1,300 has been collected. Items can be brought to Mt. Carmel over the summer break. Please bring them to the Caritas entrance.

## A few details about next year's registration....

The brochure for next fall is already being written. The brochure is set to be mailed the week of the 4<sup>th</sup> of July, so watch for it! **Each year, registration is new, so no one is pre-registered because of attendance the previous year.** We encourage you to return to classes you enjoy, but to realize that you need to complete the registration form each year. Please be aware that the brochure for 2019-2020 will be posted on our website the same day as it is mailed. Registration forms and payment can be mailed back to the RKC (address is in the brochure) or brought to campus. Use the Caritas entrance and drop your envelope in the white box near the receptionist's desk.

**The new registration form must be used to register for a class.** The form can be accessed at <https://www.bvmsisters.org/get-involved/roberta-kuhn-center/> after July 4<sup>th</sup>.

## A Reminder About Speed on Campus....

As the weather warms and there is construction activity on campus, please be diligent about keeping your speed to 15 mph and paying close attention to walkers, workers etc. We want to maintain a safe environment for all!



## Emergency Companions Needed at Mt. Carmel

The Emergency Companion is paid on-call role from the hours of 4:00pm-8:00am for a full week with a rotation of every four to five weeks. Should Sister be sent to the ER during these hours, the Emergency Companion will be called to meet Sister at the hospital. Primary responsibility is to be with Sister at the ER, offer companionship and support, and be a liaison with the nursing staff back at Mt. Carmel.

If you are interested in serving the BVM Community in this capacity and have further questions or wish to apply, please contact [humanresources@bvmsisters.org](mailto:humanresources@bvmsisters.org) or call 563-588-2351.

## We Remember...

|                            |                   |
|----------------------------|-------------------|
| Muriel McCarthy, BVM       | Fred Fifield      |
| Mary Ellen McDonagh, BVM   | Joe Conlan        |
| Clementine Kuhle, BVM      | Dorrance Manders  |
| Marion Murphy, BVM         | Lyda Herrig       |
| Eliza Kenney, BVM          | Charles McCormick |
| Mary Crimmin, BVM          | Lawrence Smith    |
| Deanna Randall, BVM        | Betty O'Rourke    |
| Pat O'Rourke, BVM          | Katie Gavin       |
| Marguerite Yezek, BVM      | Don Opper         |
| Gertrude Ann Sullivan, BVM | Grace Mueller     |
| M. Jeroma Day, BVM         | Donnabelle Kramer |
|                            | Joel Gorun        |

And other unnamed friends of the RKC Community

## You Are Invited...

### Bread for the World Offering of Letters

On Friday, June 21<sup>th</sup> at 2:00pm, the Roberta Kuhn Center community is invited to learn about and participate with the BVM Community in Bread for the World's program to urge lawmakers to invest in programs and support policies that help improve lives for persons struggling with hunger. Action is taken with the annual Offering of Letters campaign which engages people to write letters to Congress.

Hundreds of Offerings of Letters are held each year, resulting in tens of thousands of letters to Congress. Supported with prayer, these letters are a bold witness to God's justice and mercy. They have, and continue to have, a significant impact on the decisions made in Congress. Join us as Sr. C. Jean Hayen, BVM leads us in this program. The event will be held in St. Joseph Hall. Follow signage for parking and entrance into the building. Bring a friend! Excerpts for this article taken from [www.bread.org](http://www.bread.org)

## Special Thanks To...

Victoria Winter, Gail Chavenelle and Shirley Lanners for their generous donations to the Roberta Kuhn Center. Also thanks to all of our community speakers and individual classroom speakers this year for the gifts of their time and expertise.