



RKC NEWSLETTER

Autumn 2018

From the Director's Desk

Once again we are coming to the end of our fall semester and I am grateful for the talents, knowledge, and encouragement our volunteer instructors bring to our classes, the enthusiasm of participants as they seek enrichment, and the commitment to this outreach from the BVM sisters for over 35 years. In today's world where unity toward a common cause is sometimes hard to find, the Roberta Kuhn Center remains centered on the enrichment and community that arise from varied experiences and new relationships. We have implemented a few new offerings this year in the form of community speakers and a little social time in the form of Friday Fun. This fall our fun has been through the game of Hand and Foot, a Canasta-like game. Special thanks to Darlene Hughes and friends for leading us in the fun and to our guest speakers this fall who have brought their own expertise and community knowledge to the RKC.

Karen

Community Speakers Offer Expertise

Sometimes an interesting and important topic for exploration doesn't necessarily fit into the traditional Roberta Kuhn Center class structure. This situation has led to new programming in the form of guest speakers. This fall we hosted Bill Carroll, Adult Services Manager at Carnegie-Stout Public Library, Dave Cochran, Professor of Political Science at Loras College and on November 5, Leslie Shalabi, co-founder of Convivium Urban Farmstead.

The topic of Bill's presentation was to inform us of the digital resources available from our local library. In addition to ebooks and audiobooks which are borrowed and returned electronically, other options for patrons include various databases, streamed movies, and downloadable music. Bill's friendly upbeat presentation was enlightening and his invitation to come explore at the library and to seek help in using specific devices was much appreciated.

Dave Cochran spoke on the topic of bias, true vs. fake news, and the current media climate which is fueled by political polarization. We learned that bias, controversy, and conspiracy theories have been present throughout American history. We were encouraged to understand our own consumption of the news, understand the difference between factual news and news commentary, and then work to rebuild the civic trust that has deteriorated due to the current media and political polarization.

On Monday, November 5 Leslie Shalabi will share the mission of Convivium Urban Farmstead which is creating community around food. Join us at 10:00am in St. Joseph Hall and feel free to invite a friend or two. We hope to see you there!

We also continue with our guest speakers in the spring semester on February 18 at 9:30am in St. Joseph Hall with Georgeann Quinlan, BVM sharing on the presence of angels in our lives.

Important Upcoming Dates

Friday, Nov 2	Hand & Foot game 1-3pm/SJH
Monday, Nov 5	Guest Speaker Leslie Shalabi
Friday, Nov 16	Last Day of Fall Semester
Monday, Feb 4	First Day of Spring Semester
Feb 11-15	Session 3 Yoga begins
Monday Feb 18	Guest Speaker Georgeann Quinlan, BVM
March 25-29	Session 4 Yoga begins
April 10/11	Last day of Aquatics
April 15-19	Spring Break-no RKC classes held
Friday, May 3	Last day of Spring semester

In Memory...

Rita Basta, BVM	Jayne Houtakker
Joan Maga, BVM	Daniel Stumpf
Marian Hurley, BVM	Valita Bradley
Rose André Koehler, BVM	Rita Holmberg
Madalyn Hogan, BVM	Paul Gavin
Gayle Brabec, BVM	John Feller
Ann Ida Gannon, BVM	Clete Maiers
Jeanne Granville, BVM	Joni Delaney
Ethel Dignan, BVM	Valerie Wild DiMundo
Philomena Rosselli, BVM	Ann Ellen Quirk, BVM
Mary Enid Lodding, BVM	Therese Frelø, BVM
Helen Thompson, BVM	Barbara Cerny, BVM
Ann Regina Dobel, BVM	Ann Daniel O'Neill, BVM
Kathleen O'Sullivan, BVM	
Maureen Therese Thiel, BVM	

And other unnamed loved ones of the RKC Community

Beauty and Oral Care Recycling Continues

To date, the Hunger Fund has collected over \$1078.26. This money supports women and children across the world, and the recycled items are saved from our landfills. Thank you to everyone who takes the time to set the accepted items aside. Items can be brought to Mt. Carmel over the winter break and left in the collection boxes in the RKC hallway. The door code will open the door between 8am-3pm Monday-Friday.

Accepted recyclables....

Oral Care- Toothpaste tubes and caps, toothbrushes, outer packaging of toothpaste and toothbrushes, floss containers and their packaging

Beauty Brigade:

Hair care-shampoo bottles/caps, conditioner bottles/caps, hair gel tubes/caps, NON aerosol hair spray bottles, hair styling products/caps, permanent solution bottles

Skin care-lip balm tubes, lotion bottles/tubes/caps, body wash bottles/caps, soap dispensers

Cosmetics-lipstick/lip gloss tubes, lip/eye liner pencils, mascara tubes, eye shadow/powder cases

You are Invited...

Invitations for campus events to the RKC community from the BVM community...

Advent reflection and music in the style of Taizé prayer

4:30-5:00pm/St. Joseph Hall

Tuesday, December 4

Tuesday, December 11

Tuesday, December 18

Park in Lot 2 and enter through the RKC classroom entrance, Karen will be there to open the door.

Fall Craft & Baked Goods Festival

Friday, November 16 8:00am-3:00pm/St.

Joseph Hall

Park in Lot 2 and enter through the RKC classroom entrance.

Enjoy homemade food items, handmade jewelry, holiday décor and crafts-see flyer on bulletin board for more details.

Inclement Weather Policy

As winter is right around the corner, please be aware of the Roberta Kuhn Center policy on holding class. If Dubuque Community Schools are cancelled, then RKC classes are automatically cancelled. Tune in to local TV and radio stations for this information. If the weather is less than desirable for traveling, RKC classes are on unless you hear from your instructor or the director. But, please exercise the idea of "safety first". The choice to attend rests with you.

Please remember the speed limit on campus for all is 15mph, and we appreciate your extra attention to parking within marked lines in all parking spaces as we make the best use of available spaces throughout the winter!! Please take care to be aware of the one way entrance and exit into and out of the parking lot. This is very important especially when the lot is near or at capacity.